

# HALYKOO®

DERMA

Nappy cream  
spray with  
zinc oxide

## Here's how I can help you!

Wearing a nappy can sometimes disturb the delicate balance of your baby's skin in an area that's already very sensitive. Without regular cleaning or airing (such as those occasions when a nappy change just has to wait), even the slightest irritation can lead to redness or rash. In moments like this, Halykoo Nappy Cream Spray with zinc oxide can help to heal the skin.



POWERED BY  
**APRLAB**  
APPLIED PHARMA RESEARCH  
SWITZERLAND

0+  
months

## Before you use me, let me explain what I'm made of...



I'm an emulsion spray, which ensures a gentle application onto sore skin. The zinc oxide has been micronised (to tiny liquid droplets) so that it is distributed evenly. My 3 main ingredients are zinc oxide, avocado oil and almond oil sourced from certified organic growers. These ingredients work together naturally to create a fine, dual-action protective film: the zinc oxide helps to reduce the redness while the blend of oils moisturizes, enabling the skin to heal. I also have 2 unsaturated fatty acids, Omega 6 and 9, to promote the production of sebum, a physiological function which occurs in older children but is not yet fully developed in infants.

## ...the best place to store me...

Store me in a cool dry place, away from heat and sunlight (and curious children!).

## ...what you should check before using me!

Make sure your baby's skin is clean and dry. Check the use-by date, which you'll find printed on my box and spray bottle. Once I've been opened, use me within 6 months.

## Here's how to get the best out of me!



After removing the nappy and washing your baby's bottom (maybe with warm water), pat the skin dry with a soft cloth, being careful not to rub. If the room is warm enough, leave the nappy off for a few minutes to allow the air to circulate on the skin. Then make sure my nozzle is pointed towards your baby's bottom and spray me on evenly. If you use me at every nappy change, I'll help you to maintain the physiological balance of the skin. Oh, I almost forgot! Remember to shake me before use.



## ...lastly, just a few things to be aware of...!

I'm for external use on the skin only. Do not inhale me and avoid contact with eyes, nose or mouth. Make sure to use me according to the instructions hereof: this reduces the risk of undesirable effects. I've been dermatologically tested and approved, and extensive research has gone into my formula to minimise the risk of allergic reactions.

However, in the event of skin reaction or any undesirable effect upon application, avoid further use and consult your doctor. I don't contain parabens, colouring agents, allergens or phenoxyethanol. Be sure to check the list of my ingredients and don't use me if you know, or suspect, your baby is hypersensitive to this product or any of its components. Please keep this illustrated leaflet for future reference.

**INGREDIENTS:** AQUA, ZINC OXIDE, CAPRYLIC/CAPRIC TRIGLYCERIDE, BUTYROSPERMUM PARKII BUTTER, GLYCERIN, GLYCERYL STEARATE, PEG-100 STEARATE, MICROCRYSTALLINE CELLULOSE, PRUNUS AMYGDALUS DULCIS OIL, PERSEA GRATISSIMA OIL, PANTHENOL, CAPRYLYL GLYCOL, CELLULOSE GUM, PHENYLPROPANOL, LACTIC ACID, AL-LANTOIN, XANTHAN GUM, TRISODIUM ETHYLENEDIAMINE DISUCCINATE, PENTAERYTHRITYL TETRA-DI-T-BUTYL HYDROXYCINNAMATE.

[www.halykoo.com](http://www.halykoo.com)



Research with babies in mind.

**Solutions designed specifically to share the journey with you and your child through each stage of his or her development. Because the best way to help them thrive is to keep it simple, use common sense, and also take a few precautions.**

Looking after children isn't just about nursing them. It also means understanding their needs, listening to what's important to their parents, and following the advice of paediatricians, as well as providing solutions that put their well-being and their parents' peace of mind first. It means researching a myriad of ingredients to find the ones that are best-suited to their health needs and to ensure that treatment is a pleasant experience for them. It also means choosing solutions that are specifically designed for each phase of their development. Because seeing smiles on the faces of children, and on those of the people who care for them as they grow, are the best possible reward for Halykoo.



### DERMA

Skin is our first point of contact with the world around us. In the first 12-14 months of your child's life, their skin is about half the thickness of yours, so great care needs to be taken to protect it. Halykoo's Derma line is the first range of products designed to care effectively for all the needs of your child's skin. Redness, inflammation, chapping, insect bites, and small injuries can be causes of concern on a daily basis, and Halykoo Derma has the answer to all of them.

### SENSIA

Drinking from a used glass, rubbing dirty hands in their eyes or putting a leaf from the park in their mouth: these are just a few of the things that children do without giving it a moment's thought. A child's immune system is still developing, so the result can be a mouth or eye infection. Whether it's mouth ulcers, oral thrush or conjunctivitis, Halykoo's Sensia range of specifically designed products has the solution.

### AERA

There are a variety of viruses that can cause the common cold. And wind, cold weather or badly-ventilated and overheated rooms can irritate the throat. And as the nose and mouth can't be covered up, they're always vulnerable to external threats. Halykoo's Aera range of products have been specifically created to deal with the effects of respiratory infections, helping to fight off sore throats, coughs, cold and fever.

### NUTRA

School, sports, extra-curricular activities - children have increasingly busy days, and the change of seasons can also mean tiredness and loss of appetite. Children are also susceptible to stomach flu caused by viruses, bacteria and parasites. Halykoo's Nutra food supplements, including probiotic products, can help your child make the most of their energy, and ensure that the intestinal flora in their stomach is restored.



### DERMA

## Your skin and your baby's skin

Mums and Dads, your body's skin (or epidermis) is pretty tough. Its outside layer covers an average area of 2 square metres and weighs around 2.5 kilograms. It's constantly regenerating: in one month, your body completely replaces every skin cell, and you shed around 45 kilograms of it over a lifetime. The thickness of the skin varies from less than 1 millimetre thick on the eyelids to 4 millimetres thick on the heels of your feet.

However, your child's skin is thinner than yours. In the first 12-14 months of a baby's life, it's about half the thickness, so more care is required to protect it properly. As with all other physiological functions, even a baby's skin has to be "trained" to prepare it for its life ahead. For example, when the temperature allows, removing excess layers of clothing and letting the skin breathe helps it to find its balance and fulfil its many functions, protective and otherwise.

### Fresh air

During pregnancy, the baby's skin is protected in the amniotic fluid by a layer of sebum and skin called the vernix caseosa, a white film that disappears shortly after birth. Sebum production stops almost instantly, which explains why a baby's skin can be quite dry in the first few months. As melanine production has not yet started, and since the skin is very thin, an external substance such as the artificial colouring in a felt-tip pen can be more dangerous for a little one than for an older child. Of course, even when your child is no longer an infant, it's important at any age to avoid prolonged exposure to strong sunlight and wind. That aside, fresh air can only do a world of good.

In addition, an infant's skin is a prime target for mosquitoes, due to perspiration and body temperature. If your child is stung, a good remedy is to apply ice to the bite to minimise swelling. You can also use an astringent cream or lotion. These remedies will lessen the itching and infections caused by excessive scratching.



## Clean, moisturized... and pampered skin!

Your baby's skin is vulnerable and very delicate. Keeping it clean, moisturized and well protected will ensure that it grows strong and healthy. Let's talk about cleaning first. Always use mild cleansers made specifically for babies. Their skin is already subjected to germs, dust and chemicals, so it's important to use products that are gentle enough for them.

The next stage is to moisturize. External factors like cold and wind, dry environments or even just the ammonia in urine can irritate and dehydrate the skin, making it chapped and dry. Nourishing with moisturizers will help it to heal and increase its resistance to germs and infections. Last of all, wrap it in a blanket of softness. A good cream with natural extracts is the perfect way to pamper your baby's skin. Apply a thin layer throughout the day - your gentle touch will be the best protection.

Cross-section of the skin with:

- epidermis
- dermis
- hypodermis

